

SAMPLE
ISSUE

Traveler™

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Travels designed with your special interests in mind

March 1991

Tracing Literature's Inspirations

by Fay Beauchamp

Mrs. Newsome at Byron's ancestral estate, Newstead Abbey, was looking for a tunnel in the shrubbery. She remembered it from visits as a child when her mother took her for outings from the mining town of Eastwood. Eighty-odd, sturdy and in a flowered housedress, she snapped photos of lakes and lawns. What distinguished her from the rest of us literary tourists was that her mother was D. H. Lawrence's sister, and Mrs. Newsome was part of the day's schedule of an *English Literature Summer School*, based near Sheffield.

There are many programs in England that combine study of literature with rambling examinations of the environment. The one I attended last summer, however, was right in the heartland of the Industrial Revolution, run by an entrepreneurial academic couple, Arthur and Avril Meakin. Our residence for the two weeks, a Victorian suburb, was a luxury of hills, trees, gardens, and sprawling stone houses, surprisingly close to the untouched moors of the Brontës and a few hours from Stratford and the Lake District.

Coursework involved discussing novels and poetry in the walled rose garden of the school centre where, three days a week, professors from the University of Sheffield joined groups of ten to give insights and elicit discussion.

For some of the American high school or college teachers there, *Jane Eyre* and *Pride and Prejudice* were comfortably familiar even if feminist and historical criticism were new. Students from other countries—Japan, Italy, Holland, and Sweden in 1990—were just being introduced to authors such as Wordsworth and practicing their linguistic skill.

Other participants were from varied backgrounds. One

such was "Tim," our only Englishman and of mysterious profession. Fifty or so and chubby, he surprised us by wearing, in July, what looked like a chartreuse snowsuit when we climbed to Top Withins, a ruined farmhouse in a forsaken spot where *Wuthering Heights* should have been. Only when we got pelted by sleet—an experience that made us understand the novel more intimately—did we appreciate his cleverness. We appreciated him even more when we looked around from our moorland perch and realized that Tim had gathered up a handsome mother and her lawyer daughter to veer off the path and find a pub. We rejoined at an intact farmhouse for scones and tea—Emily Brontë had actually gone to the same house after her moorland walks.

The coziest part, for our family, was staying at a large Victorian house owned by a friend of the Meakins. The weekend we traveled to York we were close to being regular tourists; my two sons, their father and grandfather also joined bus trips to see *King Lear* at Stratford and to the village graveyard holding Sylvia Plath and Robin Hood's Little John (something for everyone). Fed wonderfully at breakfast and dinner, we played at being guests in a country house like those in the novels this program let me explore.

For a selection of literary tours, consult the chart on page 4.

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From the Top

Dear Educated Traveler:

It's always hard to "close the books" on an issue of *The Educated Traveler*. While I have to make choices on what to include, and know I can't have located *everything* on a subject, I always hope to have reached my goal: to track down a variety of intriguing options in each category we cover. Luckily, I've learned never to shelve a topic. Someone reads an issue (our circulation now reaches around the world, with subscribers in Australia, the Phillipines, even United Arab Emirates); an article sparks an idea, a memory, a suggestion--and a call or letter; and I find myself returning to the subject, to add a word, a paragraph, a chapter even.

Last issue's birding tours article is a good example. Alison Ross of the Jamaica Tourist Board saw "Traveling for the Birds" when I asked her to help me track down the Papilio Homerus butterfly. Tucked in with the butterfly facts she sent me was the delightful story of eighty-year-old Lisa Salmon whose Rocklands Feeding Station, outside Montego Bay, is considered a Jamaican institution. Salmon welcomes visitors to come and hand-feed Streamertails (a local breed of hummingbird characterized by its six-inch tail plumes). Ross told me, too, about Jamaica's national bird, Doctor Bird, found only on the island, and about Robert Sutton, co-author of *Birds of Jamaica*, whose ranch outside Mandeville is home to many sought-after birds. Sutton provides guided visits around Jamaica. Contact him at *Marshall's Pen*, P.O. Box 58, Mandeville, Jamaica, W.I.

Ross' letter reminded me of the "background of a country" we hope to help ET readers see--that, when you throw away the wide-angle lens and focus on the inscription on a gravestone rather than the facade of a cathedral, you discover there is much to see, and to learn about, in even the most familiar of destinations.

Ann H. Waigand
Publisher

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A Guide's Guide

by Kathleen Lingle Pond

Myth, according to well-known mythologist Joseph Campbell, helps us find within ourselves that which we all seek: "the rapture of being alive." Far from irrelevant fantasy, myths--rooted in fact--are stories about the wisdom of life, essential to our understanding of humanity. Psychologists, sociologists, artists, historians, and others remind us of the delights and insights of mythology.

Greek-American guide, Deborah Androus, regularly creates and shares uncommon mythological journeys to her ancestral homeland. For her, it is difficult--and even meaningless--to envision traveling to Greece without revisiting mythology. So interwoven are the history, archeology, and mythology of Greece that they are inseparable.

"Very often," explains Androus, "mythology was an explanation by more primitive minds of some phenomena of the universe--such as the change of seasons--that they could not explain. But the myths were often based on an actual event."

Androus' journeys--generally 14-17 days--commence with a 4-7 day classical land tour, including visits to Corinth; Athens and the Acropolis; and Delphi, Androus' personal favorite. From there, participants begin an intimate one-week cruise on a private yacht, stopping at four or five islands, "depending upon the whims and winds of Poseidon."

Surely the piece de resistance of these excursions--and that which, participants say, cannot be duplicated elsewhere--is the pilgrimage to Androus' own family village, Contovazena. "It is literally at the end of the road at the top of the Aphrodesian Mountains, named in honor of Aphrodite," she says. "My great great grandfather discovered on his property the ruins of a temple and a theatre dedicated to Aphrodite." That property is now known as Androutsos Mountain.

"Mine are virtually the only tourists who go there," says Androus. "No English-speaking person resides here." Time and events are deliberately unstructured while in Contovazena, allowing serendipity to prevail. The party is met by a family friend who, in colloquial Greek and impassioned pantomime, welcomes and introduces them to the village. "Rarely," says Androus, "does anyone ask for a translation. It isn't necessary."

For Androus, these annual journeys began as "a reconciliation of my two cultures." Having started her tourism career a decade ago in Greece, Androus continued as a professional guide in Washington, D.C.

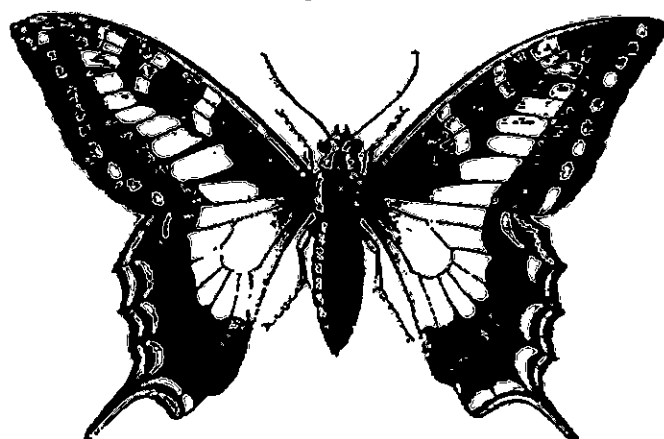
In light of current uncertainties in the world, exact dates for 1991 were not set at press time. Trips are ongoing, however, usually occurring in May-June or September-October. For further information contact Androus at 5902 Mt. Eagle Place, Alexandria, VA 22303, 703-960-8687, FAX 703-960-9659.

Learning Vacations

Tracking Butterflies

Children seem to share a fascination for butterflies. Their ability to focus on these delicate creatures and to have their whole imagination and attention caught up by a tiny flutter of bright colors and intricate patterns is a capacity many of us misplace as adults. I recently focused on photos in the hundreds of colorful tour brochures that flow into the ET office. Looking closely, I discovered butterflies everywhere: alighting on a flower in Costa Rica; adorning the margins of the Malaysia Tourism Information Center's promotional flyer; mentioned more and more frequently in descriptions of ecotourism destinations. Where are all these butterflies? My search started with Melody Allen, Director of *The Xerces Society*, a non-profit organization devoted to global protection of butterfly and invertebrate habitats. Two months, 42 pages of faxes, and nine countries later, here's what I found.

The Monarch Sanctuary in Mexico is one of the best-known butterfly habitats in North America. Most people, though, have only half of the story. Says Melody Allen, "Only butterflies east of the Rocky Mountains travel to the Mexican mountaintop. The others winter



over at a place south of Santa Cruz." The monarch butterflies who spend the winter at the Sanctuary (a four-hour drive from San Miguel de Allende and Mexico's first wildlife preserve) transform the *abies religiosas*, towering religious firs, into breathing, quivering masses of color. Tours are organized to reach the nature preserve mid-day, the warmest part of the day, because warmth induces the butterflies to move their wings. "They explode out of the trees when it gets warm," says Allen and often alight on spectators; there are stories of tourists being literally blanketed by butterflies who, when it cools down, fold their wings and hang on to their resting place. A Texas travel agency runs tours to the Monarch Sanctuary in Mexico. Contact Emilio Kifuri, Columbus Travel, 6017 Callaghan Rd., San Antonio, TX 78228, 512-523-1400, 1-800-225-2829.

Tropical rainforests in Central and South America provide natural habitats for numerous species of butterflies. Costa Rica boasts more butterfly species than in all of Africa; a good area for viewing is Tortuguero National Park. Peru's Tambopata Reserve claims a world record of 1150 species of butterflies. For tours to these areas, contact Horizontes Nature Adventures, P.O. Box 1780-1002, Paseo Estudiantes, San Jose, Costa Rica.

506-22-2022; Explorer's Inn, c/o Peruvian Safaris S.A., Garcilaso de la Vega 1334, Lima, Peru, 31-3047; and the World Wildlife Fund Explorations, 1250 Twenty-Fourth Street, NW, Washington, DC 20037, 202-778-9683.

Jamaica is home to over 116 species of butterflies, including the endangered *Papilio Homerus*, the giant swallowtail butterfly, a species for which the Xerces Society is hoping to establish a conservation project. Found mainly in rugged terrain and the Blue Mountains, the butterfly can also be spotted in the Cockpit Country, in the northwestern part of the island. Due to its large wing span and flashy blue color, it is particularly attractive to butterfly collectors (a single specimen can bring up to \$4000). To locate butterfly clubs in Jamaica, contact The Institute of Jamaica, 12 East St., Kingston, Jamaica, 809-922-0260.

In other areas of the world, special conservatories, farms, butterfly houses, and research projects have been set up to protect, display, breed, and study some of the more than 17,500 known species of butterflies. Travelers can actually participate in one of the research projects, *Earthwatch's Wings in the Rain Forest*. Set in Papua New Guinea, the project's main focus is moths; participants will count the anti-predator strategies of moths, using the results to indicate the overall level of biodiversity in the tropical rain forest. The importance of protecting this biodiversity? Researcher Larry Orsak believes that "generating income from the forest—for instance, by farming exotic butterflies—is the key to its protection." Contact Earthwatch Expeditions, Inc., 680 Mount Auburn St., P.O. Box 403, Watertown, MA 02272, 617-926-8200.

Tropical species abound at Malaysia's Penang Butterfly Farm which serves as sanctuary, breeding ground, and educational laboratory. Although enclosed by a cage, the butterflies reside in a recreated natural environment of waterfalls, rock gardens, and damp jungle foliage. Contact the Malaysia Tourism Information Ctr., 818 West 7th St., Ste. 804, Los Angeles, CA 90017, 213-689-9702.

Visits to butterfly houses and conservatories of England and Scotland (The Xerces Society can supply a list of almost 50 locations; see below) inspired the wife of the founder of Days Inns to endow a butterfly center in his name. Located at Georgia's Calloway Gardens, the Cecil B. Day Butterfly Center is the largest butterfly conservatory in North America. The Center's main building, a 15,000-square-foot butterfly-shaped aviary, contains over sixty-five different varieties of tropical butterflies. Calloway Gardens is about 70 miles southwest of Atlanta, and butterflies are most abundant from March through November. Contact Calloway Gardens, P.O. Box 2000, Stone Mountain, GA 31822, 404-663-5153.

The Xerces Society provides lists of butterfly clubs, houses, exhibits, and publications around the world. Members receive *Wings: Essays on Invertebrate Conservation* and discounts on books and reports. For membership information, send SASE (\$.75 postage) to The Xerces Society, 10 Southwest Ash St., Portland, OR 97204.

International Literary Tour Operators

Institution Address/Phone Contact	No. of Literary Tour Departures in 1991 Tour Length Price Range	Tour Size Leader/Traveler Ratio Leader Types	Destinations
Baja Expeditions 2625 Garnet Ave. San Diego, CA 92109 Tim Means	4 departures, <i>Steinbeck Journey Cruises</i> April & May 1991 (10 days) \$1875 triple occupancy \$1975 double occupancy	16 8 - 10 crew Guides & naturalists	Although not specifically a literary tour, this cruise follows the route of John Steinbeck's 1941 <i>The Log From The Sea of Cortez</i>
Bookmark Tours c/o British Coastal Trails 150 Carob Way Coronado, CA 92118 619-437-1211 R. Perry Taylor	1 tour, <i>Jane Austen's England</i> July 13 - 21, 1991 (9 days) \$1710 (land only; twin occupancy)	16 2:16 Maggie Lane, author of <i>Jane Austen's Family</i> and <i>Jane Austen's England</i> , and Anne Woodford, tour manager from Bristol, England	London, Canterbury, Kent, Alton, Hants, Lyme Regis, Dorset, Bath, Avon, Bristol
Coopersmith's England 6441 Valley View Road Oakland, CA 94611 415-339-2499 Paul Coopersmith	1 tour, <i>The West Country: Romantic Landscapes, Gardens, & Writers</i> July 6 - 20, 1991 (15 days) \$3550 (land only)	15 1:15 Local experts	London, Savill Gardens, Bath, Winsford (Somerset), Taunton, North Devon and Cornwall coast, Falmouth, Isles of Scilly, Dorset, Windsor; visiting sites associated with Thomas Hardy and Jane Austen
English Literature Summer School 10 Victoria Road Sheffield S10 2DL ENGLAND (0742) 660766 Avril and Arthur Meakin	3 sessions, <i>The Writer and the Environment</i> Late June to late August 1991 (2 weeks) \$1200 land only	20-30 2 plus lecturers Avril and Arthur Meakin, plus lecturers from the English Literature Department of Sheffield University	Grasmere (Wordsworth and Coleridge), Stratford (George Eliot, Shakespeare), Eastwood & Newstead Abbey (D.H. Lawrence, Lord Byron), Haworth & Heptonstall (Ted Hughes, Brontë sisters), Chatsworth & Hathersage (Jane Austen); program based in Sheffield
The Humanities Institute P.O. Box 18 Belmont, MA 02178 617-484-3191 Martha B. Mueller, Ph.D.	5 tours: <i>Cambridge, Dorset, Dublin, USSR, New England</i> June and July 1991 (7 - 20 days) \$1350-3066 (USSR tour includes airfare)	20 1-2: 20 Professors and lecturers from Cambridge University, Trinity College, San Francisco State University, American University, Wheelock College, & Tsongas Industrial History Center	<i>Cambridge</i> : Cambridge Arts Festival, courses on Shakespeare, 20th Century Poetry, Victorian Fiction <i>Dorset</i> : Walks and lectures on Thomas Hardy <i>Dublin</i> : Trinity College courses on Joyce and Yeats <i>USSR</i> : Moscow, Kiev, Leningrad, with lectures on major Russian writers <i>New England</i> : Massachusetts & Maine, focus on American writers
Service World Incentive Travel, Inc. 132 George Washington Highway Ridgefield, CT 06877 203-744-3933 Bente Arquin	4 tours to international book fairs 7-12 days \$1300-3000 (land & air)	15-20 1:20 Editors or publishers	London Book Fair (sponsored by <i>Publishers Weekly</i>) Bologna Childrens Book Fair Warsaw Book Fair Moscow Book Fair
Storyfest Journeys 3901 Cathedral Ave., #608-B Washington, DC 20016 202-364-6143 Robert Bela Wilhelm	5 tours: <i>England, Ireland, Italy</i> May to October 1991 \$1600-2200 (land only)	15-25 2:25 Robert Wilhelm (professional storyteller), plus local storytellers & folklorists	<i>England</i> : Stories of King Arthur, Canterbury Tales <i>Ireland</i> : Storytelling in the West of Ireland, Irish Stories and Sacred Traditions <i>Italy</i> : Stories of Francis of Assisi
UCLA Extension Cambridge/UCLA Program 10995 Leconte Ave., Ste. 313 Los Angeles, CA 90024-2883 213-825-2085 Susan Alef	<i>Cambridge/UCLA Program</i> July 7 - 27 and July 28 - August 17, 1991 (2 sessions of 3 weeks) \$2850 (1 session); \$5550 (2 sessions)	9 classes (max. 15 students in each class); total group: 135 1:15 Faculty from Cambridge and other leading British universities	Literature-related lectures, field trips, and study include: <i>Novels of Thomas Hardy</i> , <i>Modern British Theater</i> , <i>Shakespeare, the Romantics</i> , <i>the English Short Story</i>
Wilson & Lake Intl. 468 B St., Ste. #3 Ashland, OR 97520 503-488-3350 Helen Lake	52 departures 1 - 3 weeks \$700 - 2340	8-35 1:8-18 Literary Professors, Educators	Britain and Ireland

Several organizations offer programs in Oxford that include literary courses, field trips, and study leaders. Among these are: The Oxford/Florida State University Program, Attn: Nancy Lang, Center for Professional Development R-55, Tallahassee, FL 32306-2027, 904-644-7551; Smithsonian Study Tours and Seminars, 1100 Jefferson Dr., SW, Room 3045, Washington, DC 20560, 202-357-4700; University of California-Berkeley Extension, 55 Laguna St., Berkeley, CA 94102, 415-642-8840. For individual travelers, literary walking tours on audiocassettes are available from Day Ranger, P.O. Box 300462, Denver, CO 80203-0462, 1-800-334-3467.

An EJ Find

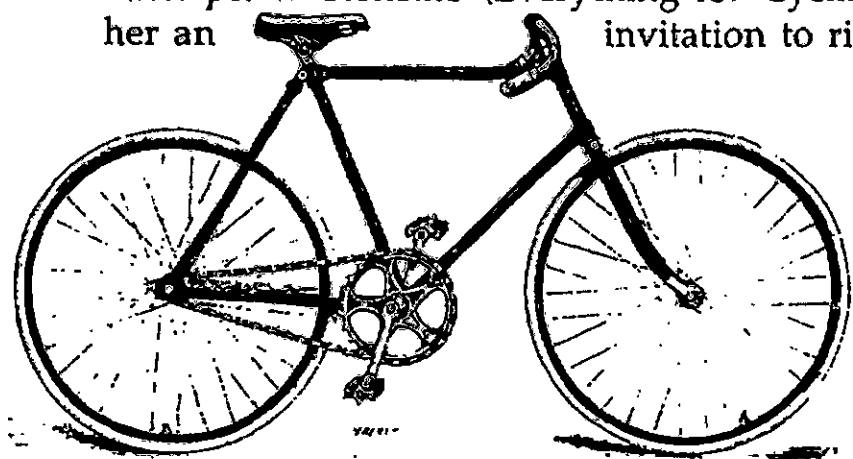
Ciclismo Classico

by Cori Kenicer

Lauren Hefferon, the young proprietor of Ciclismo Classico, started her small bicycle tour operation as a way to meld a career that would encompass her varied interests: cycling, anthropology, art history, travel, Italy, and graphic design. Joining one of her tours to Tuscany last fall, we learned that, for this tour operator, each trip is a family affair and each stop brings homecomings for Lauren and open-arm welcomes for her companions.

Itineraries are planned around family and friends. The Grand Tour of Le Marche, Umbria, and Lazio, for example, begins in Fano, a small resort town on the Adriatic where Lauren's Italian cousins host a dinner *festa*. The group cycles on to Genga, her grandmother's village, where cousins Domenico, Rita, Nina, and Enio are there to welcome them.

Three Ciclismo Classico tours take place in and around Florence where Hefferon lived in 1983. Hanging out at *Tutti per il Ciclismo* (Everything for Cycling) brought her an



shop's cycling team in a *radunno* (race), and she soon became the only woman

rider participating in weekend races.

According to Lauren, bicycling is an international icebreaker, providing the basis for friendships with an eclectic group of Italians who help her reach her goal for travelers, "to show them the Italy I lived."

Bruno, the gardener, gives Ciclismo Classico groups a private tour of Baron Risasoli's 300-room summer home, *Castello di Brolio* (on the Florence to Elba trip). *Roberto Carube*, who supplies and services the bicycles, welcomes cyclists to a three-hour dinner at his home in Lucca, offering his own wine and homemade grappa (during the Florence and Surrounding Renaissance Villas trip). Although Roberto and his family speak no English, "somehow the room is filled with animated discussion." *Gabriela*, instructor at the Cordon Bleu Cooking School in Florence, introduces culinary skills needed to prepare fresh pesto, basic tomato sauce, and bruschetta.

On our tour, it was Lauren's friends, the *Casprini family*, who hosted us in *Passo dei Pecorai*, a small town south of Florence that is little more than a collection of stores and restaurants on either side of the *Via Chiantigiana*, or Chianti Road. The Casprini family owns a local inn, and Mama Casprini's feasts, legend in the

region, serve up generous portions of *cucina casalinga*, Tuscan home cooking. Logistically, the town is an ideal starting point; the next stop, in Siena, is within comfortable biking distance.

More personal connections (Mama Casprini's son is a friend of the owner) brought us a private tour of one of Chianti's oldest and most prestigious wine estates, *Villa Calcinaia*, conducted by the current heir, *Count Niccolo Capponi*. Viewers of Bill Moyers' PBS special, *The Power of the Past*, may remember that the Capponi family has long been prominent and influential in Florentine life, having been closely aligned with the Medicis. An Italian aristocrat who speaks perfect English, Count Niccolo showed us the winery where, he says, the huge old barrels actually talk to you, and we sampled the contents of one barrel, 300-year-old wine vinegar. The Chianti produced here bears the estate name and the family coat of arms, established in 1523.

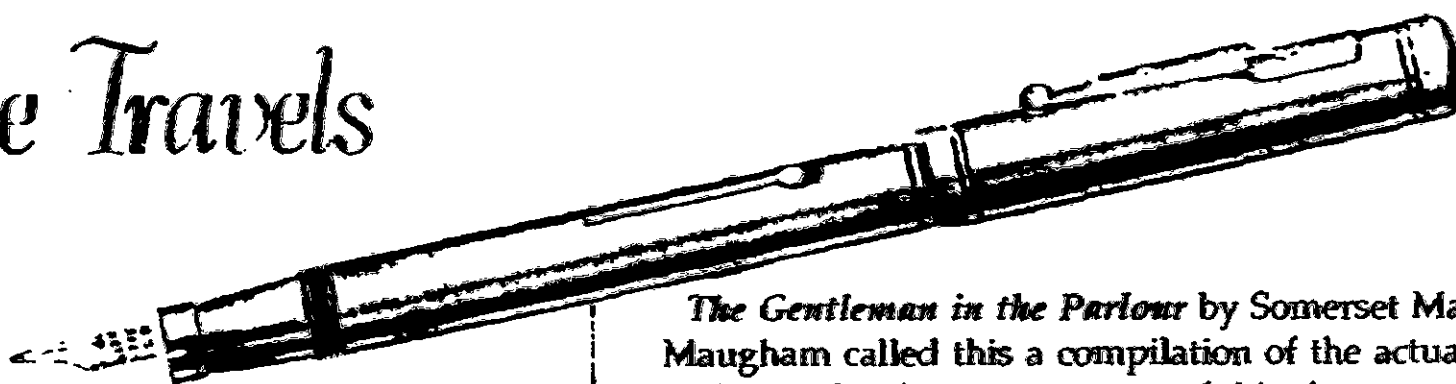
In the medieval walled city of Siena, we encountered local guide, *Nicoletta*, who helped us understand the deep connection the modern Sieneese people maintain to the traditions of their city. Through Nicoletta, we learned about the *contrada* system which is integral to the annual bareback horse race, the *Palio*. Each person born in Siena is automatically a member of the *contrada*, or district, where the family lives; in the past, *contradas* administered public services, such as water distribution and road maintenance (functions of the Italian government today). Loyalty to one's *contrada* lives on (Nicoletta is proud to be part of the Caterpillar *contrada*), with each region maintaining its own flags, colors, and symbols, and sponsoring riders in the *Palio*.

During the long climb from Siena to Montieri, we passed a puzzling number of parked cars and noticed people poking around in the woods with long sticks. Mushroom hunters, it turned out--and friends of Lauren's, too. *Orazio Paradisi*, owner of our mountaintop hotel, *Rifugio Prategiano*, was also the local mushroom *esperto*, easily able to identify the twenty to thirty varieties that grow in the mountain's arid soil. The village is a center for equestrian tourism in Tuscany, through an organization called *Equitour*, and we took a horseback ride through mountain meadows to the local village, where the scent of roasting chestnuts signaled the annual Chestnut Festival was in progress.

Our Tuscany trip was rated as intermediate (average of thirty miles per day, with rolling hills) and worked just fine for a non-cyclist like me. And, I came home feeling, not like a tourist to Italy, but as part of the family.

Ciclismo Classico's 1991 tours in Tuscany, Emilia-Romagna, Umbria, Sardinia, and southern Italy range from \$1580 to \$1840 per person for 8 to 11 day itineraries from May to October. Included are bilingual guides, support vehicles, delicious meals, three-star hotels, and wine tastings. For a brochure, write P.O. Box 2405, Cambridge, MA 02236 or call Lauren Hefferon at 617-628-7314.

Literate Travels



**Fine writing to
complement your travels**

Paris: Spirit of Place; Provence: Spirit of Place; Tuscany: Spirit of Place; Venice: Spirit of Place. This series pairs color illustrations of romantic European locales with the words of renowned writers. Quotes from Thackeray, Charles Dickens, Henry James, and Ernest Hemingway, among others, capture the essence of some of the most beautiful places in the world.

Vienna A Traveller's Companion; St. Petersburg A Traveller's Companion; Moscow A Traveller's Companion; Delhi and Agra A Traveller's Companion. In this delightful series, the history of a city is recreated through excerpts from the diaries, novels, letters, biographies, and memoirs of those who lived and visited there. *Vienna*, for example, includes an eyewitness account of the opening night of Mozart's *The Marriage of Figaro*.

A Guide to the Impressionist Landscape: Daytrips From Paris. For a change from visiting sites made famous in novels, try any of the day trips in this guide that traces the inspirations of the great painters. Travel instructions and walking maps take the reader to the exact spot in Le Havre that inspired Monet's seascape, to Barbizon where Corot painted, and around the Paris of Cezanne, Pissarro, and Renoir.

The Crazy Years: Paris in the Twenties. This charming book paints a portrait of Paris in the early twentieth century and its cafe culture of great musicians, artists, and writers: Hemingway and Fitzgerald, Stravinsky and Diaghilev, Picasso and Chagall.

Literary London. In this anthology, Andrew Davis has collected descriptions of the London of their times from literary giants, including Chaucer, Dickens, Pepys, Conan Doyle, T.S. Eliot, and George Bernard Shaw.

A Literary Companion to Travel in Greece. For the really serious scholar, this very British collection of prose and poetry favors ancient historians and eighteenth-century English writers who give their impressions of Greek sites.

Black Lamb and Grey Falcon by Rebecca West. The travel writer's novel, this book is famous for its evocative, impressionistic portrait of Yugoslavia right before the start of World War II, a Yugoslavia that is no more.

The Gentleman in the Parlour by Somerset Maugham. Maugham called this a compilation of the actual events and people that were part of his journey through Southeast Asia in the early 1920s. The trip was the inspiration for several of his later works, including *The Rain* and *The Letter*.

These guides and tales, written for or by literary travelers, were recommended by Martin Rapp, Travellers Bookstore, 75 Rockefeller Plaza, 22 W. 52nd St., New York, NY 10019, 212-664-0995.

Background Information

Directly From The Source

Cultural affairs offices at foreign embassies in the U.S. are charged with providing information on their country's culture. To accomplish this goal, many embassies publish weekly or monthly newsletters, reports, even glossy magazines, that focus not only on cultural and political interests in their own country, but also on activities in the U.S. that relate to their countries. To become a subscriber, simply contact the appropriate embassy and ask to be placed on their mailing list.

The GWSAE Foundation publishes a book, **Washington Embassies: A Guide For The Private Sector**, which lists services provided by the various embassies, among them free newsletters and magazines. To order a copy, send \$12, plus \$5 for shipping, to The GWSAE Foundation, 1426 21st St., NW, Ste. 200, Washington, DC 20036-5901.

Among embassies providing publications are:

Austrian Information (monthly)

Austrian Press & Information Service, 31 East 69th Street, New York, NY 10021 (212) 288-1727.

The Week in Germany (weekly)

German Information Center, 950 Third Avenue, New York, NY 10022 (212) 888-9840.

News of Norway (monthly)

Royal Norwegian Embassy, 2720-34th Street, NW, Washington, DC 20008 (202) 333-6000.

Swedish Information Service, 885 Second Avenue, New York, NY 10017 (212) 751-5900. Free bulletin series provides opinion by Swedish and American authors on issues such as "Social Change" or "Cultural Life."

Excerpted from *The Aware Traveler's Directory*, Travel Aware, Inc., 7658 Royston St., Annandale, VA 22003, 703-354-6600.

Discoveries

Did you know that the creator of Hummel figurines was a Franciscan nun who received special dispensation from her abbey to sell her art to raise money for the sisters' work? Close to 200,000 people around the world (who pay \$30 per year to be members of the Hummel Club) know much more than that. On *Hummel Club Tours*, they sit down with several sisters (now in their eighties) at the Convent of Siessen and listen to stories and shared memories of Sister Mary Innocentia (M.I. Hummel). These tours represent private entree at its height. Tour members are taken *behind closed doors* of Hummel factories, on detailed guided tours led by the actual artisans who handcraft each figurine. As Hummel Club President Joan Ostroff says, "There is no other way to get past those doors. Even Hummel Club members, traveling on their own, can get only the standard factory tour." Tours in 1991 include Christmas Markets, The Glacier Express, The World of M.I. Hummel (Germany), and a cruise along the California coast with a visit to the Goebel Miniatures Studio in Camarillo. Contact Joan Ostroff, M.I. Hummel Club, c/o Pedone & Partners, 909 Third Avenue, New York, NY 10022, 212-593-2632.

Get your local library to buy Gale Research Inc.'s new *Worldwide Travel Information Contact Book* (\$169.50). At six pounds, 1064 pages, and more than 25,000 entries, it covers over 200 destinations ranging from Ceuta (a Spanish dependency at the tip of Morocco) to Wallis and Futuna (somewhere in Oceania, but not in my *Rand McNally Atlas*). There are complete addresses (with telephone, telex, fax) for national tourist information offices, both in-country and abroad; regional and local tourist information offices; local newspapers with travel sections (yes, *Sofia Today* is a Bulgarian newspaper that includes travel features); sports and recreational contacts (where to go for hang gliding information in Chile); even bookstores (like H. N. Jacobsen Bokhandil on the Faroe Islands). As with any book this size, a number of addresses were already incorrect as the book was being printed; get your ideas here, then double-check addresses. Contact Gale Research, Inc., 835 Penobscot Building, Detroit, MI 48226, 313-961-2242.

Margy Boyd, Travel Program Manager for the *San Francisco Museum of Modern Art*, is a force to be reckoned with. Three years ago when she took her group to Japan, her diligent letter-writing and undaunted follow-through, not only got her travelers into the private studio of famed Japanese sculptor, Isamu Noguchi, but also resulted in the artist himself receiving the group. The visit was a treasured memory for museum travelers, valued even more when Noguchi died several months later. This October, Margy and Roberta English, a local art dealer, will lead another tour to Japan, a trip that this time will include a visit to Ibaraki, 70 miles north of

Tokyo and site of Christo's *The Umbrellas: Joint Project for Japan and USA*. To be opened simultaneously in both countries (Jeanne-Claude, Christo's wife, has told Margy it should be around October 8), the Project involves placing thousands of blue umbrellas in an 18-kilometer site in Ibaraki and a similar number of gold umbrellas along 18 miles north of Los Angeles. Museum tour members hope to meet Christo but, since he plans to attend both openings, a private get-together with the artist cannot be guaranteed. Contact Margy Boyd, *San Francisco Museum of Modern Art*, 401 Van Ness Ave., San Francisco, CA 94102, 415-252-4191.

Discoveries, continued on page 8

Fine Arts In Scandinavia

Scandinavian design has become quite famous as the reputations of designers such as Georg Jensen, Alvar Aalto, and Arne Jacobsen have extended beyond their borders. But decorative arts have tended to overshadow all other forms of fine art; seekers of Scandinavian design often spend more time in shops than in museums.

What many travelers overlook are the places where design history can be traced or where distinctive Scandinavian interpretations of other Western European trends and styles can be seen. The following not-to-be-missed collections provide evidence of vastly differing perspectives on Scandinavian art:

Sweden/The Museum of Modern Art

Considered Sweden's most controversial museum and one of the rare museums where a patron can request to be shown a specific painting from the collection

Denmark/The Victorian Home, National Museum of Art

Open to only 60 visitors per day, this Victorian apartment, furnished by a wealthy family in the 1890s, perfectly preserves designs of the era

Norway/The Oslo Museum of Applied Art

A museum dedicated to the handicrafts and decorative arts of Norway, which have received less attention than their Scandinavian neighbors

Finland/Museum of Applied Arts

The permanent collection focuses on the best in 20th-century Finnish design, particularly glassware and ceramics

One concession to shopping, the *Friends of Finnish Handicraft*, with a showroom on the outskirts of Helsinki, provides a wealth of examples of Finnish weaving and textile design

For more details on these museums, contact the *Scandinavian Tourist Boards*, 655 Third Ave., New York, NY 10017, 212-949-2333.

Inside Knowledge

Travel Planners React to the Gulf War

War in the Persian Gulf has brought changes in the way we view many things, including travel. No longer is our travel destination determined solely by our own wanderlust.

Agents and operators share a belief that Americans will continue to travel, but will either delay making travel choices much longer than normal or opt for areas viewed as "safer" destinations. Travel planners are moving 1991 tours out of Europe, routing itineraries away from major airports (such as those in London, Paris, and Rome), or scheduling more tours for later in the year. Margot Phillips, who oversees the travel program for The Textile Museum, replaced a January Egypt trip with a fall departure to Scotland (accessible by direct flights from the U.S.). Margy Boyd, of the San Francisco Museum of Modern Art, postponed a January Egypt tour and substituted a spring trip to Mexico.

Related businesses have reacted, too, to changes in consumer demand. Candace Olmsted, co-owner of Traveller's Bookstore, said she and her partners "turned over" the store in early February, relocating books on U.S. destinations to center space. The layout change, the first since the store opened eight years ago, reflected greater customer interest in domestic tourism.

Apparently, no area of the industry is immune. Just last week, I learned that investors in the Queen of Scots train (ET, December 1990), unhappy with last year's performance and anticipating even worse times in 1991, have taken the train off the tracks--despite having over 400 reservations on the books (rumor is that Abercrombie and Kent's Royal Scotsman will pick up those bookings).

In this uncertain environment, the best advice is to plan ahead. Safeguard against supplier bankruptcies (an unfortunate byproduct of the current travel environment) by looking for larger operators, for participation in tour protection plans from USTOA or ASTA; for smaller operators, find out how funds are maintained (in an escrow account? when are tour payments disbursed?). For any tour, ask when the "go-no go" decision will be made; if enrollment is insufficient, most operators must decide to cancel a tour by 60 days prior to departure.

And check all cancellation insurance policies carefully. Even policies that appear to provide reimbursement in the event of terrorism often have clauses exempting coverage if a terrorist act is related to war.

No one can predict when the international situation will change; all they will predict is, when things turn around, Americans will be on the move like never before. For ET's part, we will continue to travel and to plan. The freedom to travel--to see other cultures and gain some understanding of other ways of life--is, we feel, not only a treasured right but an important bridge

toward building a world where greater understanding will lead to a more peaceful future.

Discoveries, continued from page 7.

■ Suzanne Paulson and Constance Glenn made a perfect partnership. Suzanne, an arts educator and art travel planner, had all the tour planning information ("stacks of it"); Connie, Director of the University Art Museum in Long Beach, had been guiding museum tours for years and always knew what was happening where on the art scene worldwide. They thought initially of collecting their information into a book of art itineraries. Instead, they started *Art Express Newsletter* (quarterly, \$45/year). Each issue focuses on a single destination (Madrid, Venice, Los Angeles, Basel/Zurich), listing favored hotels and restaurants of art-lovers, which dealers to find at major international art fairs (last issue told how to contact a Swiss friend-expert willing to answer subscriber queries), and personal highlights in the realm of art dealers, art collectors, artists, and architects. Rounding out each issue are art news from the U.S. and abroad, a calendar of art exhibits and expos around the world, and recommended travel books (art mysteries set in Switzerland, for example). For a free sample, contact *Art Express Newsletter Partners*, P.O. Box 10201, Newport Beach, CA 92660.

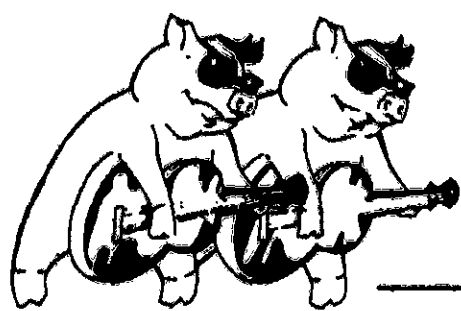
■ Barbara Hayden, a teacher and needlework artist who specializes in Celtic designs, has found an unusual way to "invest" in her love for Ireland. Whereas many of us might take up Irish cooking, start reading James Joyce, even study a little Gaelic, Hayden has adopted a herd of Irish sheep. *Inside Ireland* magazine put her in touch with an Irish sheep farmer who helped her purchase an initial herd (25 sheep and a ram) and who cares for her sheep as part of his flock. Since 1985, she has collected a check each year when the lambs from her herd are sold (her share of the proceeds is figured after the farmer deducts for feed, shearing, shots, and general maintenance). But the bigger pay-off has been her warm, ongoing relationship with the Irish family who watches her flock; she has visited them several times and hosted members of the family in the U.S. Barbara would be happy to provide details on how she became a foster-mother to a herd of now 60+ sheep. Contact *Barbara Hayden, Glencary Design*, 136 North Campo Road, Westport, CT 06880, 203-227-2925.

UPCOMING

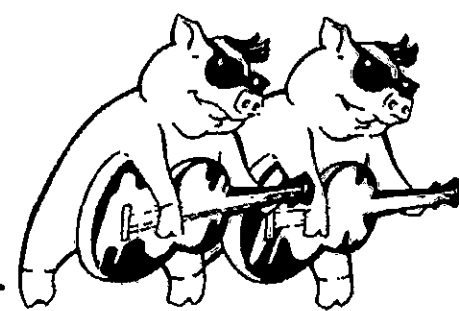
- Garden Tours
 - Craft Vacations
 - Tama Safaris
 - Travelers Clubs
 - A Guide's Guide...to Dolphins
 - Plus Travel to/in Greenland
- Travel Alternatives*
Connoisseur Tours
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677 Main Street, Laurel, Maryland
DIAL 953-1943



CARRYOUT MENU



RIBS, RIBS, RIBS!

RED HOT & BLUE Ribs...order 'em wet or dry

Rib orders served with our homemade barbecue beans, cole slaw, and bread

Wet Ribs, rubbed with our special blend of spices and slowly cooked in our hickory pit, basted with our homemade sauce.

Regular order.\$8.95 Large order.\$10.95
Full slab of ribs, comes with everything to feed two people15.95

Dry Ribs, a Memphis tradition. Smoked in our special pit and sprinkled with our secret dry blend of spices.

Regular order.\$8.95 Large order.\$10.96
Full slab of ribs, perfect for two15.95

Slab of ribs, wet or dry, without side orders (perfect for take-home)13.95

APPETIZERS

Memphis Chicken Drummies, served with our tangy barbecue sauce\$4.95
Smoked Chicken or Pork Barbecue Nachos, topped with jalapeños,
sour cream and cheese4.95

SALADS

Garden Salad.\$3.50
Jumbo Garden Salad, a meal in itself,
served with your choice of one meat topping:5.95

Barbecue Pork
Smoked Chicken
Smoked Ham

Served also with your choice of dressing:

House (Creamy Italian), Ranch, Pepper/Parmesean, or Raspberry Vinaigrette

BAR-B-QUE SPECIALTIES

Pulled Pig Sandwich, a House Specialty. Regular.\$4.25 Jumbo.\$4.95
Tender smoked pork pulled from the bone, piled on the bun with cole slaw.

Pulled Pig Platter, served with barbecue beans, slaw and bread on the side6.80

Barbecue Beef Brisket Sandwich Regular.4.25 Jumbo.4.95
Slowly smoked, sliced thin and piled high with slaw.

Barbecue Beef Brisket Platter, served with beans, slaw and fresh bread6.80

Pulled Chicken Sandwich (regular size only)5.25
Tender chicken, pulled from the bone and served with BBQ sauce and slaw.

Barbecue Chicken Platter, half a smoked Chicken, served with beans, slaw
and bread8.95

OTHER SANDWICHES

Char-grilled Hamburger.\$4.25

Cheeseburger, your choice of Swiss, Cheddar or American Cheese4.80

Smoked Ham, stacked high and served on white, wheat or rye4.95

Real Smoked Turkey Breast, served on white, wheat or rye4.95

All sandwiches served with potato chips.

HOMEMADE TRIMMINGS

Bar-B-Que beans.\$1.25
Cole Slaw.1.25
Memphis Fries.1.25
Potato Salad.1.25

BEVERAGES

Iced Tea.\$0.95
Soft Drinks.0.95
Coffee.0.75
Milk/Juice.1.25

CHILI

Homemade chili is loaded with chunks
of smoked beef brisket, and comes
topped with cheese and onions. ..\$4.95

DESSERTS

Mouth watering Fudge Pie.\$2.95
Karo Pecan Pie.2.95
Apple Pie.2.95
 a la mode0.60
Key Lime Pie.2.95

NO SUBSTITUTIONS, PLEASE

PART A — EMPLOYEE STATEMENT — Failure to Answer All Questions May Delay Payment

Employee's Name 1. Samuel D. Chilcote, Jr.		Street Address 1875 I St., NW (Suite 800)		City or Town Washington, DC	Zip Code 20006
Plan Number 2. 36499 <small>Must be Completed</small>	Social Security No. 520-34-6899 <small>Must be Completed</small>	Certificate Number <small>If Applicable</small>	Are You Still Employed? Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>		If No, Date Last Worked
Date of Birth 3. 8/24/37	Marital Status Single <input type="checkbox"/> Divorced <input type="checkbox"/> Married <input checked="" type="checkbox"/> Widowed <input type="checkbox"/>	Name of Your Employer The Tobacco Institute		Occupation President	
Spouse's Date of Birth 4. 7/6/38	Spouse's Social Security No. 520-44-3641	Is your Spouse Employed? Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	If Yes, Name and Address of Spouse's Employer		
Are You or Your Dependents Covered Under Another Group Insurance or Government Plan Such as Medicare, an HMO or Automobile No Fault Coverage, Which Will Also Cover Any of the Medical Expenses on the Claim? 5. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>			If Yes, Name and Address Policy Number / ID # Family Member Holding Policy		
Is Claim For a Dependent? 6. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	If Yes, Dependent Name (first) (last)	Sex Male <input type="checkbox"/> Female <input type="checkbox"/>	Date of Birth	Relationship To Employee	If Dependent is a Child, Are You Entitled to a Tax Exemption? Yes <input type="checkbox"/> No <input type="checkbox"/>
If Child, Is She/He Married? (a) Yes <input type="checkbox"/> No <input type="checkbox"/>	Is Child Over 19? Yes <input type="checkbox"/> No <input type="checkbox"/>	If Yes, Full Time Student? Yes <input type="checkbox"/> No <input type="checkbox"/>	If Yes, Name of School		
Is Claim for an Accident? 7. Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>	Date: Time:	Where Did It Occur?	While Working? Yes <input type="checkbox"/> No <input type="checkbox"/>	How Did It Occur?	
SIGN HERE IF YOU WANT BENEFITS PAID TO DOCTOR/HOSPITAL 8.			Date 3/11/92		
SIGN HERE FOR ALL CLAIMS I hereby authorize any insurance co., hospital, or physician to release all information which may have a bearing on benefits payable under this plan of benefits. 9.			Date 3/11/92		

PART B — DOCTOR OR SUPPLIER — Complete and Return to Patient

Patient		Date of Birth	Date First Consulted for Condition	Has Patient Ever Had Same or Similar Symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No	Name of Referring Physician	
Date Patient Able to Return to Work		Dates of Total Disability From Through		Dates of Partial Disability From Through		
Diagnosis or Nature of Illness or Injury. Relate Diagnosis to Procedure in Column D by Reference to Numbers 1, 2, 3, etc. or DX Code.				Is Condition Related To Work Incurred Injury or Illness? Yes <input type="checkbox"/> No <input type="checkbox"/>		
1.	2.		3.	4.		
A Date of Service	B Place of Service	C Fully Describe Procedures, Medical Services or Supplies Furnished for Each Date Given Procedure Code (Identify:) (Explain Unusual Services or Circumstances)			D DX Code (ID:)	E Charges
Signature of Physician or Supplier Signed _____ Date _____					Total Charges	Amount Paid
Provider's Social Security No./Tax ID No.					Physician's or Supplier's Name, Address, Zip Code	
					Telephone No. ()	

PLACE OF SERVICE CODES

1. (IH) — INPATIENT HOSPITAL
2. (OH) — OUTPATIENT HOSPITAL
3. (DO) — DOCTOR'S OFFICE

4. (PH) — PATIENT'S HOME
5. — DAY CARE FACILITY
6. — NIGHT CARE FACILITY (PSY)

7. (NH) — NURSING HOME
8. (SNF) — SKILLED NURSING FACILITY
9. — AMBULANCE

10. (OL) — OTHER LOCATIONS
11. (IL) — INDEPENDENT LABORATORY
12. — OTHER MEDICAL/SURGICAL FACILITY

NOTICE—Filing a statement of claim containing any false, incomplete or misleading information with intent to defraud or deceive any insurance company is considered to be a felony in some states.

SEE REVERSE SIDE FOR FILING INSTRUCTIONS

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Employee

HOW TO FILE A CLAIM

1. Complete Part A — One for Each Family Member
2. If Claim is For a Dependent, Also Complete Lines 6 & 6(a)
3. If Claim is For An Accident, Complete Line 7
4. For All Claims Sign Line 9
5. If You Want Benefits Paid to Doctor/Hospital Sign Form on Line 8
6. Enclose Copy of Other Carriers Payment Worksheet When You Have Other Insurance
7. Ask Your Doctor to Provide Itemized Bills With Diagnosis for Care

FOLD HERE

Doctor/Supplier

1. Complete Part B
2. Or, Attach Itemized Bill Which Includes Diagnosis for Care
3. Sign Form—Return to Patient

To Great-West Life Assurance Co.
Benefit Payment Office
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Horsham, PA 19044-1000

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IF YOU ARE USING THE WINDOW ENVELOPE,
BE SURE ADDRESS IS CLEARLY VISIBLE.



ATTENTION:

Trisha Prota

Great-West Life Assurance Co.
Benefit Payment Office
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Horsham, PA 19044-1000

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